



Falls Church High School's  
Rising Freshmen Night  
for Students and Parents  
Monday, June 3<sup>rd</sup>, 2019

**I. General Information Session:**  
**6-6:30pm or 7:00-7:30pm – Auditorium (door #8)**

- Overview of the FCPS curriculum & graduation requirements
- Activities & Athletics- the importance of extracurricular activities /sports / performing arts and how to get involved.
- How to keep up with news and events as well as resources in the school.

**II. Sports Physicals**  
**5:30-8:00pm- Check in at the Main Gym Lobby (door #8)**

- Students who want to try out for a high school sport must have a valid physical exam. FCHS is offering physical exams on June 3<sup>rd</sup> - please call 703-207-4041 for registration information and other details.

**III. Meet the FCHS Athletic Coaches**  
**6-8:00pm – Main Gym (door #8)**

- Meet the FCHS athletic coaches for the fall/winter/spring seasons.
- Find out about pre-season conditioning/ work out sessions/ and requirements for try outs.

**#WeAreFC**



Falls Church High School  
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For more information please contact the FCHS Student Activities Office 703-207-4025 or  
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[www.fallschurchsports.org](http://www.fallschurchsports.org)