

AP Biology Recommended Summer Enrichment

Many students taking on the challenge of introductory college level courses need to develop or strengthen their learning skills. As with all AP classes, AP biology is challenging and covers a tremendous amount of material within nine months.

To be successful in class, you need to have good attendance, work well independently and in a group, possess strong work habits, and have excellent reading and writing skills. The most successful students concentrate on THEIR LEARNING, rather than on their grade. You are now enrolled in a college level course with much higher standards than even your typical honors class in high school.

**There is no required summer assignment, but the activity below is a highly recommended learning activity that will help you with all your subjects.*

Remember: You are doing this for YOURSELF! The skills you learn through this enrichment activity will last you a lifetime and help you in your future endeavors 😊

Coursera Class: *Learning How to Learn: Powerful Mental Tools to Help you Master Tough Subjects*

It is recommended that you take this course BEFORE school starts. It will teach you how to study for college-level classes.

1. You can download the Coursera App, or you can just do it on a computer through their website.
2. Sign up and choose the NO CERTIFICATE option
3. You do not have to “submit” assignments to Coursera & you do not have to sign up for an official Certificate.
4. Follow all presentations thoughtfully AND do all the quizzes at the end of each module.
5. Link to register for the Learning How to Learn.
<https://www.coursera.org/learn/learning-how-to-learn>

New York Times articles about the course:

https://bits.blogs.nytimes.com/2015/12/29/the-most-popular-online-course-teaches-you-to-learn/?_r=1
<https://www.nytimes.com/2017/08/04/education/edlife/learning-how-to-learn-barbara-oakley.html>

Prefer to Read? Recommended Reading:

How We Learn: The Surprising Truth About When, Where, and Why It Happens by Benedict Carey

<https://www.amazon.com/How-We-Learn-Surprising-Happens/dp/0812984293>