2019-2020 SENIOR QUESTIONNAIRE
FOR COUNSELOR'S LETTER OF RECOMMENDATION

To help your counselor write the best and accurate recommendation, please complete the information requested. My expectation is that you will TYPE a thorough, detailed answer to each question and turn this in to your **COUNSELOR by the dates below**.

DUE OCTOBER 7th…for students who are applying **EARLY DECISION or EARLY ACTION**

DUE NOVEMBER 1st…for students who are applying **REGULAR DECISION**

Name_____ **ID:**_____

E-mail _____ **Cell Phone** _____

1. What three words best describe you, and why do you think they are good descriptors? (Provide thoughtful examples and anecdotes).

2. What are your academic strengths and how have you demonstrated them? (Explain with examples)

3. What are your personal strengths? (Explain with examples)

4. How do you spend your free time?

5. What was the most difficult situation you have had to face? How has overcoming this obstacle helped you to grow?

6. Of all the activities in which you have been involved during high school, which activity has been most important to you and why? (You may choose a school-affiliated program or an independent one.)

7. Is your academic record (grades and test scores) an accurate reflection of your ability? Yes or No, explain why. What factors (personal, family, social, academic) have contributed to your performance, **positively** or **negatively**?

8. For each area, list what you believe to be your accomplishments (big or small). Explain why these are accomplishments. Include any awards or accolades you have received.
    a. Academics

    b. Extra-curricular

    c. Social/Personal

9. Who have you approached (or plan to approach) for teacher recommendations?

10. If you were writing your own recommendation, what other information would you include? (i.e. personal information to show your uniqueness, what makes you an ASSET to the school/community).

11. Why do you want to attend college? Please describe any long-term goals you aspire to achieve and why they are important to you.

12. What are some careers that you might consider? Even if you are undecided, your answer(s) to this question should give your counselor a general idea of careers or fields that appeal to you.

13. Please **attach** a **resume** or **list of activities** that you have participated in during your high school years.