## 2022-2023 SENIOR QUESTIONNAIRE FOR COUNSELOR'S LETTER OF RECOMMENDATION

To help your counselor write the best and accurate recommendation, please complete the information requested. My expectation is that you will TYPE a thorough, detailed answer to each question and turn this in to your **COUNSELOR by the dates below**.

DUE OCTOBER 3<sup>rd</sup>... for students who are applying EARLY DECISION or EARLY ACTION

DUE DECEMBER 1st... for students who are applying REGULAR DECISION

Name_	ID:
E-mail	Cell Phone
1.	What three things would you want a college admissions committee to know about you? Give examples or relate a specific anecdote to explain.  These should be themes that echo throughout your application, essays, and letters of recommendation.
2.	What are your academic strengths and how have you demonstrated them? (Explain with examples)
3.	What are your personal strengths? (Explain with examples)
4.	How do you spend your free time?

5.	What was the most difficult situation you have had to face? How has overcoming this obstacle helped you to grow?
6.	Of all the activities in which you have been involved during high school, which activity has been most important to you and why? (You may choose a school-affiliated program or an independent one.)
7.	Is your academic record (grades and test scores) an accurate reflection of your ability? Yes or No, explain why. What factors (personal, family, social, academic) have contributed to your performance, positively or negatively?
8.	For each area, list what you believe to be your accomplishments (big or small). Explain why these are accomplishments. Include any awards or accolades you have received.  a. Academics
	b. Extra-curricular
	c. Social/Personal

9. Who have you approached (or plan to approach) for teacher recommendations?	
10. If you were writing your own recommendation, what other information would you include? (i.e. personal information to show your uniqueness, what makes you an ASSET to the school/community)	ı.
11. Why do you want to attend college? Please describe any long-term goals you aspire to achieve and we they are important to you.	hy
12. What are some careers that you might consider? Even if you are undecided, your answer(s) to this question should give your counselor a general idea of careers or fields that appeal to you.	
13. Please <b>attach</b> a <b>resume</b> or <b>list of activities</b> that you have participated in during your high school years Be sure to capture leadership roles you have taken and the time commitment for the activities listed e.g. Chess Club President, 2019-2022, 1 hour/week	rs.

## PARENT INPUT FOR COUNSELOR'S LETTER OF RECOMMENDATION (optional but encouraged)

Student Parent/Guardian			
Please recom inform	·	nformation that will aid me to write a confidential and strengths of your child. Attach additional ag you share can be mentioned in your	
1.	Describe your child's outstanding pers	onality traits.	
2.	Please explain any unusual circumstan your child's educational experiences o	ices, obstacles, or challenges that have affected or personal development.	
3.	What would you like a college admissi a "brag note" about his/her strengths	ons officer to know about your child? Please write and achievements.	